

Dear Friends,

Please join me in celebrating all that we have accomplished together this past

year. It is because of your generosity that Duke Health is at the forefront of advancing world-class patient care, providing exceptional education, and innovative research opportunities for our trainees, staff, and faculty. Duke Health could not be more grateful.



**Steven Barnes** 

Partnering with you has allowed us to provide quality care to patients and their families while accelerating new discoveries and treatments to improve human health. Your contributions help make Duke a top choice for tomorrow's health care leaders and a better, brighter place for all.

Because of you, we are improving health and wellness in North Carolina and around the world. Please accept my deepest gratitude.

Sincerely,

J. Steven Barnes

Interim Vice President

Duke Health Development

and Alumni Affairs

#### BECAUSE OF YOU, DUKE HEALTH DELIVERS TOMORROW'S HEALTH CARE TODAY

Your philanthropy enhances patient care.

- + Improving Care of Complex and Chronic Disease: A new gift from the Mario Family Foundation established the Mario Family Chronic Care Management Improvement Fund to improve care coordination and patient navigation for people with complex and chronic diseases. The endowed fund honors Ernest Mario's wife of almost 60 years, Mildred Mario, who died in 2020 after a battle with cancer.
- bit.ly/MarioFoundation

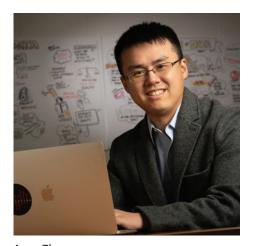


**Ernest and Jeremy Mario** 

+ Reaching Underserved and Rural Populations: Health Resources and Services Administration funding expands the reach of Duke University School of Nursing's Mobile Prevention and Care Team (M-PACT) Clinic, a nurse-led model of care, to

provide care and health promotion to underserved urban and rural populations in North Carolina.

- bit.ly/NursingMag2023
- + Estate Gift Supports Health System: An anonymous couple made a \$2.4 million estate commitment to provide Duke University Health System with the resources necessary to improve health and improve outcomes in the local community and across the globe.



Anru Zhang

+ Medical Records to Improve Care: Anru Zhang, PhD, hopes to give physicians another tool to tr

give physicians another tool to treat disease and improve health – by turning patients' electronic medical records into a treasure trove of information to improve care. Zhang is the inaugural recipient of the Eugene Anson Stead Jr., MD, and E. Harvey Estes Jr., MD, Associate Professorship in the Department of Biostatistics and Bioinformatics. The professorship was established

by William "Bill" Stead, AB'70, MD'74, HS'73-'77, and Janet Stead.

- bit.ly/AnruZhang
- + Mobile Imaging Center Increases
  Access: A \$250,000 pledge from LC
  Industries Foundation will continue
  their support of Duke Eye Center's
  Mobile Imaging Center. The Center a
  van equipped with ophthalmic imaging
  equipment plays an important role
  in increasing access to eye care.
- + A Master Fundraiser: George
  Grody's long-term giving has
  multiplied its impact many times over.
  He's made personal contributions
  and created fundraisers for multiple
  programs such as Birdies for
  Babies, which paid for neonatal
  resuscitation and intubation training
  equipment to better prepare medical
  students, residents, fellows, and
  interdisciplinary teams to provide the
  highest level of care to our youngest,
  most vulnerable patients.

"There's a quote that I live by: 'I am only one, but still, I am one. I cannot do everything, but I can do something. And because I can't do everything, I refuse to not do the something I can do," he says. "I can't cure cancer, but I can help raise some funds to give to the people that can cure cancer. I can't save everybody. But I can save one person, two, or more people — people who may not have been saved if I didn't just try to do something."

bit.ly/GeorgeGrody

# Because of Don

## BECAUSE OF YOU, DUKE HEALTH CREATES TRANSFORMATIVE EDUCATION

For almost a century, Duke has educated health professionals who go on to make groundbreaking discoveries and provide world-class patient care here at home and around the world. Many of our learners depend on scholarship funds for their education — an education that fuels both their own success and the success of Duke Health. Most of the assistance Duke offers comes from need-based grants and scholarships that are largely supported through endowments established by donors.

**+** "Getting into Duke was the best Christmas present ever, but I was also financially terrified. At the time

I was the sole income earner for my family, for my husband and twin boys. Could I carry both roles: student and provider? Little did I know during the time when all these thoughts were going through my head was that I would receive financial support. It's through the support of individuals such as yourself, through scholarship endowments that I am where I am today. Thank you so much."

**Laura Cheng**, Master of Science in Nursing Student





+ "Duke has embraced my passions, my ambitions, and that of my colleagues. Duke has allowed me to

feel like what I am doing is going to have an impact. Because of the support and the donations that you have made, I've been awarded scholarships that have allowed me to continue my medical school education without an insurmountable amount of debt. Thank you for all that you do for the Duke community and for those who are like me. Philanthropy has played a huge role in allowing my dreams to become a reality. Thank you."



Doctor of Medicine Student



bit.ly/NursingGift2023

+ Scholarship Gift Honors Nurse Leader: Paul Hagenmueller Jr., MF'70, established a restricted scholarship endowment in the School of Nursing in memory of his beloved wife, Alice Colvin Hagenmueller BSN'71. By supporting students interested in pursuing leadership opportunities in nursing, the Alice Colvin Hagenmueller Scholarship honors her career as

a nurse leader. Paul also provided expendable funds to allow the nursing school to begin making scholarship awards for the same purpose in fall 2023.





When Glenn Davis isn't busy supporting Duke, he volunteers at a Habitat for Humanity construction site near Chapel Hill.

+ Alumnus Gives Back: Glenn Davis, MD'72, HS'73-'75, recently made a planned giving scholarship endowment in recognition of the importance of financial assistance. "I got scholarship support," recalled Davis. "And I'd like to give back in an arena where I personally was assisted."

# Because of You

## BECAUSE OF YOU, DUKE HEALTH ACCELERATES DISCOVERY AND ITS TRANSLATION

Breakthroughs, discoveries, and new treatments don't happen on their own. They require perfect timing with the right people in the right place asking the right questions. Private philanthropy can jump-start new projects, recruit world-class scientists to join our teams, and foster the transformative basic and translational research that leads to better clinical care.

+ Fueling Innovative Research: Duke faculty have been awarded two of this year's 10 Hartwell Biomedical Research Awards, which recognize early-stage, innovative, and cutting-edge biomedical research with the potential to benefit children's health. Each award includes \$300,000 of research funding from The Hartwell Foundation.

#### + New Professorships to Fuel Discoveries:

Endowed professorships are a key tool for recruiting and retaining world-class researchers and clinicians and giving them the resources and flexibility needed to make transformative discoveries. New professorships established this year include:

- Lindquist Presidential Distinguished Chair Professorship supporting endocrinology.
  - bit.ly/PresidentialChair
- Norman L. Letvin, MD Full and Associate
   Professorships supporting immunology, molecular
   and cell biology, and infectious disease research.
- bit.ly/MarionStein

- Stewart, Hughes, and Wendt Full Professorship supporting neurology.
  - bit.ly/ALS-Professorship
- Thaddeus V. Samulski Assistant Professorship supporting medical physics.
  - bit.ly/Samulski
- + Unlocking Alzheimer's Beginnings: Doug and Stefanie Kahn's most recent gift establishes the Kahn Family Alzheimer's Disease Research Center Fund to support operating expenses of the recently established Alzheimer's Disease Research Center (ADRC). The Center, a collaboration with the University of North Carolina at Chapel Hill, is one of a network of only 33 National Institutes of Health-funded ADRCs in the country, and the only one focused on gathering data in pre-symptomatic, young, and diverse populations.
- bit.ly/KahnFamilyGift



Doug and Stefanie Kahn



Sarah Armstrong and Chris Newgard

- + Supporting Children's Nutrition: Swann Lee left the bulk of her \$11 million estate to Duke, with a stipulation that it be used solely to support research into nutrition and health maintenance for children. Sarah Armstrong, MD, and Chris Newgard, PhD, are using a portion of that gift to launch an innovative new project aimed at understanding what is known as the "food insecurity-obesity paradox."
- bit.ly/SwannLee

### DONOR FORESIGHT MAKES A DIFFERENCE

In fiscal year 2023, donors to Duke Health made 46 new planned gift commitments representing \$36,966,000 in future support for research, education, and care. Planned gifts that came to fruition in fiscal year 2023, including realized bequests, trust income, and other deferred gifts represent over \$23,040,487 in current impact.

- + George McLean, MD'73, considered his time as a student and trainee to be his happiest. In appreciation, his estate has made an endowed gift to support endocrinology research by young investigators.
- bit.ly/GeorgeMcLean



George McLean

- + Gift of Sight Paid Forward: Mark Stavish first came to Duke with a detached retina that required emergency surgery. Mark and his wife Wendy were so impressed with Mark's surgeon, Lejla Vajzovic, MD, that when they learned of her research to address retinal issues in children, they wanted to help. They recently made a \$1 million gift to support Vajzovic's research to use state-of-the-art imaging with machine learning analysis for early diagnosis and treatment of pediatric retinal disease.
- bit.ly/stavish



Wendy and Mark Stavish

# BECAUSE OF YOU, DUKE HEALTH WORKS LOCALLY AND GLOBALLY TO IMPROVE HEALTH FOR ALL

Duke Health aims to improve the health of those living down the street and across the world. With our philanthropic partners, we advance projects and programs with the highest potential to transform people's health no matter where they live.

- + Margolis Family Foundation's latest gift of \$10 million seeks to leverage and extend the work of the Margolis Center for Health Policy as it works to improve health policy here and around the world. To inspire other donors, each new endowment established for the center will be matched by the Margolis Family Foundation.
- bit.ly/Margolis2023
- + The Duke Endowment has awarded Duke Health,

in partnership with the Durham County Department



of Public Health, a \$750,000 grant to fund the Partnership for a Healthy Durham's collaborative efforts to improve the health and well-being of Durham residents with chronic health issues.

bit.ly/DukeEndowment2023



#### BECAUSE OF YOU, DUKE CANCER INSTITUTE CELEBRATES 50 YEARS OF CHANGING LIVES

Duke Cancer Institute (DCI) completed its celebration of five decades of life-changing discovery and care with a gala on Oct.

14, 2023. Hosted by DCI Executive Director Michael Kastan, MD, PhD, the event featured inspiring stories from several cancer survivors, a guest appearance by former Duke basketball coach Mike Krzyzewski, and a performance by



Duke Cancer Institute 50th Anniversary

award-winning actress, singer, and philanthropist Kristin Chenoweth. The gala event itself raised \$100,000 and unveiled that more than \$86 million, including \$32.7 million in planned gifts, was raised for cancer research and care during the anniversary celebration time frame.



DCI Executive Director Michael Kastan (third from left) celebrates DCI's 50th anniversary with cancer survivors and their family members: (left to right) Heather and Harper Harrell, Allin and Caro Foulkrod, and Jamie Valvano.

+ New Drug to Treat Advanced Breast Cancer: DCI research was instrumental to the development of a new endocrine therapy for breast cancer — the first approved by the U.S. Food and Drug Administration since 2002.

bit.ly/NewBCTherapy

+ Building Trust: In her practice caring for breast cancer patients in rural North Carolina, Hannah Woriax, MD, focuses first on building trust between her patients and staff, communicating the importance of working within the patient's means and abilities. "I came home to practice here because I knew that our patients deserve just as much access to care," said Woriax, "as the patients that live in more urban areas."

bit.ly/DCI-BuildingTrust

Left, Hannah Woriax



Kameron Kooshesh

+ Truly Cured: After his bone marrow transplant, Kameron Kooshesh developed severe graft versus host disease that didn't respond to standard treatment. Through the efforts of Joanne Kurtzberg, MD, he was approved for a compassionate-use authorization of an experimental drug in clinical trials. "Just a couple of

infusions of this drug, and I was cured," he said, "truly cured." Kooshesh believes he wouldn't have been able to access the experimental drug at another institution. "Dr. K. is absolutely unbelievable," he said. "She has a mastery of basic science and clinical and translational medicine that few others have."

bit.ly/DCI\_TrulyCured

+ Giving at Any Level Helps Duke Give Back to the World: Duke alum Leslie Graves' most recent gifts honor DCI's 50th anniversary. "I come from a long line of Blue Devils," Graves said. "Duke Cancer Institute allows you to help Duke give back to the rest of the world. I can't do what Dr. Michael Kastan and his fabulous team can do, but I can help them do it."

bit.ly/LeslieGraves



# Because of You



#### HERO FOR HOPE DONORS ARE TRANSFORMING LIVES

Hero for Hope, a program begun at Duke Children's, now benefits all of Duke Health. **Hero for Hope** donors provide reliable, monthly support that can be put to work where it is needed most.

In fiscal year 2023, **165** donors supported Duke Health monthly. We look forward to welcoming many more in the coming year.



Champion Ambassadors: Anthony, Braeden, Samantha, Zach, and Harper

### DUKE CHILDREN'S CELEBRATES ANNUAL DONORS

At Duke Children's, annual donors are critical to helping us help children and their families. Last year, Duke Children's Society members, who give \$2,500 or more annually, contributed 40% of the total annual funds raised by Duke Children's. At

the second annual celebration of these important donors, attendees were the first audience to meet the 2023-2024 Champion Patient Ambassadors and to hear from patient families, like the Forrest family, who shared their incredible Duke Children's experience and support for pediatric urology research to help more children like their son.

bit.ly/2023DukeChildren









Mary E. Klotman

### **Duke Health's Dual Leadership Model:**

School of Medicine Dean Mary E.
Klotman, MD, Duke University's
executive vice president for health
affairs, and Craig Albanese, MD, MBA,
chief executive officer of Duke University
Health System, discuss Duke Health's
new dual leadership model, designed
to create a stronger, more unified, and
resilient academic health care system
that drives us toward a
brighter future.
Watch here.

# FY2023

	Duke University Hospital	Duke Regional Hospital	Duke Raleigh Hospital	Duke Primary Care	Private Diagnostic Clinics (PDC)	Total Duke University Health System and PDC combined
Patients Served Inpatient Discharges	41,710	15,466	10,222			67,398
Admissions	41,549	15,866	10,204			67,619
Outpatient Visits	1,244,363	236,000	397,299	925,553	2,105,362	4,908,577

#### Patient Care

Duke University School of Medicine, Duke University School of Nursing, Duke University Health System, Duke-NUS Medical School in Singapore, Duke Global Health Institute, and Margolis Center for Health Policy comprise Duke Health, a world-class academic health care and research center. Duke Health advances its clinical mission by delivering care across three hospitals — Duke University Hospital, Duke Regional Hospital, and Duke Raleigh Hospital — and outpatient services including Duke Primary Care and Duke Health Integrated Practices, Duke HomeCare & Hospice, Duke Health and Wellness, and multiple affiliations.

